

# TRIATHLON PRO

## 4 CHANNELS ELECTROTHERAPY | 424 PROGRAMS

TRIATHLON IS AN ELECTROSTIMULATOR THAT INCLUDES NOT ONLY A WIDE RANGE OF SPORT, FITNESS, BEAUTY AND MEDICAL PROGRAMS BUT ALSO A SERIES OF SPECIFIC PROGRAMS AIMED TO IMPROVE THE PHYSICAL PERFORMANCE OF TRIATHLETES. THE SPECIFIC PROGRAMS FOR TRIATHLON ARE DIVIDED INTO AREAS CORRESPONDING TO THE FOLLOWING SPORTS: SWIMMING CYCLING AND RUNNING. A PRACTICAL USER GUIDE WILL HELP YOU SELECT THE MOST SUITABLE PROGRAM DEPENDING ON THE DISTANCES INTENDED TO COVER.

84 ACTION NOW | 60 TRIATHLON SPECIAL | 60 BEAUTY | 58 FITNESS | 54 SERIAL SEQUENTIAL STIMULATION  
53 SPORT | 23 MICROCURRENTS | 13 SKIN-FACE | 12 TENS AND PAIN | 3 REHAB | 3 INCONTINENCE | 1 IONOPHORESIS

### TECHNICAL FEATURES

#### Display

Visible area size 2,6"

#### Channel

4 independent (8 electrodes)

#### Frequency

0,3-150 Hz \*

#### Pulse amplitude

40-450  $\mu$ s \*

#### Power

0-120 mA per channel

#### Power supply

Rechargeable batteries

#### Size

100x160x35 mm

#### Weight

450 gr

\* According to the type of current

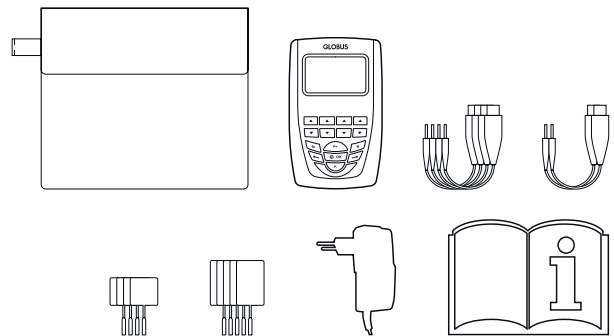


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### EQUIPMENT

- 1 Bag
- 1 Stimulator TRIATHLON
- 4 Cables for electrodes connection
- 2 Cables for microcurrents and ionophoresis
- 4 Self-adhesive square electrodes
- 4 Self-adhesive rectangular electrodes
- 1 Charger
- 1 Operating manual



- TENS TENS
- MENS MENS
- IONO IONO
- 3S 3S
- FN ACTION NOW
- STIM TIME RUN TIME
- Last 10 LAST 10
- Favorites FAVORITES
- AUTO STIM
- MULTI USER
- PRO PROGRAMMABLE
- STIM LOCK
- 2+2 FUNCTION 2+2
- MY TRAINER MY TRAINER
- SyS SYNCRO STIM
- Work Time WORK TIME
- RECHARGEABLE BATTERIES

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ITALIAN EXCELLENCE

# TRIATHLON PRO

## 4 CHANNELS ELECTROTHERAPY | 424 PROGRAMS

### PROGRAMS LIST

#### SPORT

Capillarization
Warm-up
Pre-competition warm-up
Active recovery
Maximum strength
Endurance strength
Explosive strength
Reactivity
Aerobic endurance
Post-competition recovery
Decontracting
Hypertrophy

#### FITNESS

Firming
Bio-Pulse firming
Sculpting
Bio-Pulse sculpting
Toning
Mass building
Body sculpting
Definition
Jogging
Anaerobic fitness
Aerobic fitness
Cramp prevention

#### BEAUTY

Drainage
Bio-Pulse drainage
Lipolysis
Post-pregnancy lipolysis
Bio-Pulse relaxation massage
Energizing massage
Toning massage
Connective massage
Swollen arms
Face capillaries
Skin tone improvement
Post-pregnancy drainage
Post-pregnancy firming
Breast firming
Breast sculpting
Lifting effect
Definition
Slim form

#### G-PULSE

Breast microlifting
Cleavage microlifting
Face microlifting
Skin elasticity
Cellulite
BioSkin collagen
Wrinkles
Eye wrinkles
Expression wrinkles
Stretch marks
Nail strenghtening
Bio peeling
Hematoma

#### REHAB

Quadriceps atrophy (with knee prosthesis)
Recovery after ACL surgery
Shoulder subluxation prevention

#### TENS and PAIN

Conventional antalgic tens
Modulated antalgic tens
Endorphinic tens
Menstrual pain
Chronic pain
Cervical pain
Muscle pain
Knee pain
Scapulohumeral periarthritis
Chronic lumbago
Bursitis-tendinitis
Osteoarthritis

#### MICROCURRENTS

Epicondylitis
Periarthritis
Muscle restoration
Contusion
Hedema
Skin ulcera
Sciatica
Lumbago
Brachial neuralgia
Acute pain
Articular pain
Stiff neck
Whiplash
Cervical spondylosis
Shoulder sprain
Knee sprain

Carpal tunnel
Osteoarthritis
Ankle sprain
Achille tendon inflammation
Patella tendon inflammation
Rotator cuff inflammation
Tendon Inflammation

#### INCONTINENCE

Mixed incontinence
Stress incontinence
URGE incontinence

#### IONOPHORESIS

#### SPECIAL SPORTS

##### - SWIMMING

Endurance strenght
Aerobic exercisce
Decontracting
Cooling down
Shoulder recovery

##### - CYCLING

Basic aerobic exercisce
Hard aerobic exercisce
Endurance strenght
Decontracting
Knee recovery
Maximum strenght
Cooling down

##### - RUNNING

Aerobic exercisce
Endurance strenght
Decontracting
Cooling down

#### SERIAL SEQUENTIAL STIMULATION

The "3S" program list includes 54 parameter combinations. The "3S" programs are characterized by a delay activation of the channels 3 and 4 compared with the channels 1 and 2. The Serial Sequential Stimulation permits to stimulate the musculature in kinetic chain thanks to the differentiated activation times of the muscular groups involved.

#### ACTION NOW

The Action Now program list includes 84 parameter combinations. This mode is suggested in sport field for athletic preparation where you wish to add the muscular contraction induced by a stimulator to a work made with overloads in dynamic and isometric form.